



Camp At The Peak Packing List

Use this to learn what to bring (and what NOT to bring) to Summer Camp.

What TO pack

Materials

- Paper Bible (remember you won't have your cell phone)
- Note pad
- Pen

Clothing

- Sleepwear
- Casual attire for travel, free time, and services
- Athletic attire for activities (paintball, basketball, rock climbing, etc.)
 - Sneakers or hiking boots (open toed shoes not allowed for activities)
 - Long pants and long sleeve shirts
- Light jacket or sweater (in case of cooler weather)
- Swimwear for the wave pool and whitewater rafting (ladies, please bring only 1-piece suits)

Essentials

- Toothbrush and toothpaste
- Soap and shampoo
- Deodorant
- Hair products
- Sunblock
- Sleeping bag or sheets + pillow
- Towel and washcloth for showering
- Medications (please send in original prescription bottle with written instructions)
 - Our camp nurse(s) will handle/distribute any and all medications

Food

- Granola bars, Pop Tarts, etc. for snacking

(See second page)

What **NOT** to pack

- Weapons
- Fireworks/Firecrackers
- Toilet paper, plastic wrap, eggs, etc.
- Anything that will become a distraction.

A Special Note On Phones

- Historically, phones were not allowed at camp, as they became too much of a distraction. However this year, thinking of guests who are not familiar with our church (or possibly even Christianity), we are allowing phones to be brought to camp. However, we'll have strict rules for them.
 - They must be turned **off** in the following instances:
 - Small groups
 - Worship services
 - After lights out
 - Anytime a camp staff member says so 😊
- Any campers who prefer a phone-free week may leave their phones at home, and will likely have a better week for doing so!